

July 14, 2006



Racquet Club O•R•C•A•S

www.racquetcluborcas.com

COACHES CORNER



It's amazing how quickly this summer is going by! We had our last two regular swim meets this week. Now, the only two meets left are the classic and city championships.

Our last two meets went great. The kids have shown huge improvements since their first swim meets and we are very proud of everyone. Their hard work has really paid off and it was awesome to get to see all their time drops. This has been a really great season.

As we approach the classic and city meets, we will be working especially hard to perfect the swimmers' strokes. These meets are the swimmers' last chance to show us everything they have learned this year and we are very excited to see how well everyone will do.

The end of the season banquet will be held July 30, the day after the city meet. It will be the last team event of the year and will be very fun. We hope to see you all there!

Classic Meet set for July 22

Saturday, July 22

Time: 7:00 AM

Where: Neuqua Valley High School

Classic is just around the corner with Classic practice Tuesday, July 18, from 4:20 pm to 5 pm. at Neuqua Valley. This allows the swimmers to get used to swimming in that pool before the meet. This practice will replace the morning practice for Classic swimmers. City swimmers will practice at their normal practice times.

Our warm-ups on Saturday are from 7:25 am to 7:50 am. We ask that swimmers be at Neuqua Valley at 7am so they can check in and get into the pool on time. We are looking forward to a great meet!

Awards at Classic: All swimmers are divided into three tiers with the faster swimmers in the first tier and the slower in the second, etc. Individual events: medals will be awarded to 1st – 8th place Tier I finishers. Ribbons will be awarded to 1st – 8th place winners in Tier II and Tier III. Relay events: Medals will be awarded to 1st place finishers and ribbons awarded to 2nd – 6th place finishers.

Classic Pasta Party



Hurrah for the Holzhausers' and Steins' who have graciously

stepped up to host the Classic Pasta Party on Thursday, July 20 at 6 pm. The party will be held at the Steins house at 961 Tim Tam Circle in Naperville. Ya gotta be there because the coaches rev up the swimmers for their best swims of the year! If you have not yet signed up to bring something (a sign-up sheet will be posted at the pool), your choices are: 1) bread/beverages (many slots available), 2) pasta, 3) salad, and of course DESSERTS!

Directions: From Racquet Club... take Benton to Charles... stay on Charles until it turns left onto Canonero Drive. Take Canonero to Tim Tam – turn left. The house is yellow/beige in color and is on the left side of the street. The address is 961 Tim Tam Circle.

Classic Practice

Tuesday, July 18

4:20 pm to 5 pm
Neuqua Valley H.S.

Classic Pasta Party

Thursday, July 20

6 pm
961 Tim Tam Circle
Naperville

Swim Caps for Sale

We have non-personalized Orca caps for sale, \$5.00 each. Need one? See Coach Erin. These are especially great to have at our Championship meets. It shows our ORCA pride.

Kudos to our Friday Treat Volunteers!

Last Friday's (July 7th) treats were provided by the Larsons, Hilds, Remecs, Fiorinis, Arrichs and Burkes.

This Friday's (July 14th) treats were provided by Carrs, Mankowskis, Siebers, Autrys, and Lapseys. The swimmers AND Coaches really look forward to these snacks, thank you so much.

Fun Friday on Tap

We have one last "whole" team Fun Friday, July 21. If you would like to feed the little fishes, please sign up at the pool!

Swim-a-thon Pledges Due

Now that you've caught your breath after all that swimming, please take a moment or two to total up your pledge form and then hand in your pledge money to your coach. Thanks!

City Pasta Dinner

Thanks to the Mankowski's for offering to host the City Pasta Dinner. More info will be in next week's newsletter.

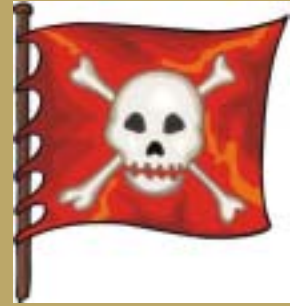
Pictures still needed for end of season video

Please forward all swim team pictures to Neil Martin so he can put them in the end of the season video at: jmmartin89@hotmail.com.



Swimmers of the Week announced

Congratulations to our swimmers of the week for the week July 7: **Tom Holzauer & Emily Hild.**



Ahoy Mateys, Dive-in Movie Slated for this Thursday

Our second dive-in movie of the summer will be taking place **July 20th at 8 pm** in the pool. It will be following the Classic pasta party. We encourage the kids and adults to dress up in pirate gear as we will be watching *Pirates of the Carribean*.

If you wish to blow up your float please come to the pool a half hour ahead of time. This will allow us to start the movie as soon as it gets dark without having the air compressor going. Like the last time concessions will be sold with goodies baked by the coaches.

This dive-in is only open to swim team members- it is being done in replacement of the annual drive-in that followed the pasta party due to the fact that the drive-in has been closed down. We hope to see you all there dressed in your pirate gear!



UPCOMING EVENTS

Mutual of Omaha's Swim 100

Sunday, July 16
8:30 a.m.

Classic Practice

Tuesday, July 18
4:20 to 5 p.m.

Classic Pasta Dinner

Thursday, July 20
6 p.m.

Dive-in Movie

Thursday, July 20
8 p.m.

Fun Friday

Friday, July 21

Classic Meet

Saturday, July 22
1:30 p.m.

City Meet

Friday & Saturday
July 28 & 29

End of Season Banquet

Sunday, July 30
2 to 4 p.m.

City Meet on Tap for July 28-29

Session	Date	Events
1	Friday July 28, 5 pm	Events 1-18
2	Saturday July 29, AM	Events 19-32
3	Saturday July 29, AM	Events 33-46
4	Saturday July 29, AM	Events 47-60
5	Saturday July 29, PM	Events 61-74

Friday session is for the 15-18 year olds.
Saturday session 2 and 3 is for 10 and unders.
Saturday session 4 and 5 is for 11-14 year olds.



Mark your Calendar Now for the End of Season Banquet

Our banquet committee is now complete! Thanks so much to Julie McKee for heading the decorating committee and setting up the cake walk for our end of season banquet scheduled for 2 to 4 pm on Sunday, July 30, at Naperville's VFW Hall.

Thanks also to Jen Matern and Peggy Goralski for purchasing our delicious treats, and Cathy Broad for ordering our trophies. Anyone who would like to help them should contact any of the committee heads. **Or, simply fill out the sign-up sheet attached to today's e-mail and return it to the pool.** More hands make lighter the work load.

Thanks to Spinners for 4th of July Pizza!

Thanks also to Steve and Heidi Spinner who treated the swimmers and parents to pizza during the 4th of July games. It was greatly appreciated!!

