



ORCA Newsletter

<http://www.racquetcluborcas.com>

JUNE 28, 2007

VOLUME 1, NUMBER 4

"Mainly, I like to have fun. Swimming is all about having fun, and I am firm believer that you should keep swimming as long as you are having fun, but I can say that it becomes much more fun as you get older and learn more about the sport, life, and especially more about yourself".

Scott Goldblatt

COACHES CORNER

Although this week got off to a rainy start, the swimmers swam great last night at our swim meet. I cannot believe how much time the swimmers are dropping- it is amazing. If the swimmers are not dropping time it is because they are working so hard at practice-they will drop time soon. Keep up the good work swimmers!

A note to parents: Please do not talk to the coaches or your swimmers during swim team practice. Coaches like hearing input from parents because the parents know their child better but if the input is coming in the middle of practice or during meets it is a distraction. Also we like for the swimmers to concentrate on what we are telling them. I understand that you might have a question or congratulate your swimmer but please wait until after practice. If this could be kept in mind for swim meets also that would be wonderful. Please do not think that you are not allowed to tell your swimmer that they need to leave or you will be leaving the pool for a while, but if it can wait until after practice please wait.

Also please encourage your swimmer to tell the coaches if they have a preference as to what they want to swim, if they cannot make it to a meet or would like to be added to a meet. We like talking to the swimmers and helping them achieve their goals for the summer. So please have your swimmers talk to us about what they would like to swim at a swim meet- we aren't scary people.

Thanks so much, Coach Erin

CONGRATULATIONS!!!

CONGRATULATIONS to the HOLZHAUER family. They held the winning iPod raffle ticket and were able to collect the Orcas 2007 video iPod.

RAIN DATE FOR HOBSON WEST MEET

RAINDATE for last Saturday's (June 23rd) meet is Monday, July 16th. If you are unable to work the job you were assigned for our meet against Hobson West, please find a substitute to replace you.





MANY THANKS!!!

Thank you to the Broad family for their generous donation of the iPod for the raffle.

Thank you to the June 29th Fun Friday treat providers: Troy Atwood – Lead, Linda Arrich, Kathleen Graef, Kerry McClendon, and Jeanine Cardot.

THANK YOU TO Karen Blecke for taking on the challenge of our team area Tuesday night. The other two workers were absent for their assigned duty and did not find a replacement. This made Karen's assignment extremely difficult and strenuous. A special thank you to Heidi Spinner for stepping in and helping her and all other parents who assisted in the team line up process.

Thank you Matt Broad and Ed Holzhauer for organizing the Family BBQ and movie event. It was a huge success. The atmosphere was so relaxing and enjoyable...so much better than a car wash.

MISSING WORKERS

If you cannot fulfill your worker assignment it is your responsibility to find a replacement and notify either the Meet Director or Liz Bertram of the change. Our meets are very hectic and it is unfair to leave others in the lurch. Please be considerate of our team parents and coaches and make sure your job is covered.

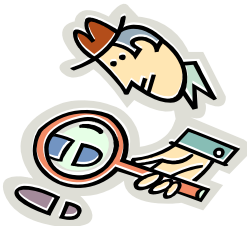
However, many of you deserve a THANK YOU, THANK YOU, THANK YOU. You step in as relief workers and extra helpers so many times during the meet without ever being asked! Our gratitude for your generosity of time and energy cannot be adequately expressed. It is those actions that make our team great! Thank you sooooo much.

AWARDS COORDINATOR

An END OF THE SEASON AWARDS COORDINATOR is needed. The job requires purchasing the trophies and organizing them according to the swimmer's name, age group and any special commendations (coaches will notify you of these). If you are interested, please contact Liz Bertram at bertmom@ameritech.net. Purchases are either made at local trophy store, or through an awards catalog.

4TH OF JULY FUN!

On July 4th there will be no swim team practice for all age groups. Instead everyone is invited to come to 4th of July games being held at the pool from 10:30 am to noon. The 11 and ups will have practice from 8 to 9 in the morning on July 5th.





**G
O
R
C
A
S**

UPCOMING EVENTS

Pizza Dinner and a Movie – July 14th. Don't forget!!! It is not too late to sign up for our final movie night at the pool. The forms are available in the box on the counter, and on our website.

Girls Invitational Swim Meet – Thursday, July 12th. If your daughter is swimming in this wonderful and fun event, we need your help. Please contact Diane Mankowski at Diane.Mankowski@glenbard.org , or Liz Bertram at bertmom@ameritech.net to sign up to help.

Steeple Run Swim Meet, Saturday, June 30th, at Steeple Run.

Cress Creek Commons Swim Meet, Saturday, July 7th, at Cress Creek Commons.

END OF SEASON MEETS

There are two end-of-the-season meets for swimmers. The first meet, on July 21st , is the Classic Swim Meet. This swim meet is designated for 6 and unders and swimmers that do not qualify for the second meet (City Swim Meet). City Swim Meet swimmers must have swum a city qualifying time during the season to participate in this meet. Erin needs to know if your swimmer is available to swim on either of these dates (see the following form).

MEET SIGN-UP FORM

Please indicate if your swimmer can attend these meets and return this form to Erin.



SWIMMER NAME: _____

July 16 th	Makeup meet	Yes	No
July 22 nd	Classic	Yes	No
July 29 th	City	Yes	No

SWIM MEET WORKER SCHEDULE

	AWAY STEEPLE RUN Sat. 6/30	AWAY CR CRK CMNS Sat. 7/7	AWAY ASHBURY Tues. 7/10
Meet Director	Pam Deely	Pam Deely	Pam Deely
Stroke Judge	Kerry McClendon	Kerry McClendon	Eileen Barry
Turn Judge	Jeff Hild	Jeff Hild	Brad Hipp
Timer lane 1	Lapsey	Trish Fallon	Trish Fallon
Timer lane 1	Kevin McKee	Lapsey	Lapsey
Timer lane 2	Matt Johnson	Janice Martin	Cindy Johnson
Timer lane 3	Mark Goralski	Lynda Remec	Ed Holzhauer
Timer lane 3	Myszkowski	Mark Goralski	Kirsten Holzhauer
Timer lane 4	Steve Martin	Cathy Carmody	Janice Martin
Timer lane 5	Rob Manzardo	Karen Blecke	Mark Goralski
Timer lane 5	Mark Monroe	Mark Monroe	Kerry McClendon
Timer lane 6	Phil Aderton	John Sieber	Scott Carmody
Back up Timer Runner	Linda Arrich Lynda Remec	Heidi Spinner Greg Remec	Gwen Burke Jill Wittwer
Computer- Event Sheet	Tracy Valle	Carey Valle	Lynda Remec
Computer - Input	David Arrich	Ken Bertram	David Arrich
Ribbons	Karen Blecke	Cindy Josupait	Linda Arrich
Ribbons	Heidi Spinner	Jill Wittwer	Roberta Sieber
Park District Rep	Craig Mankowski	Craig Mankowski	Craig Mankowski
Team Area	Ainsworth	Susana Gotsch	Karen Blecke
Team Area	Jeanine Cardot	Jen Matern	Laurie Manzardo
Team Area	Jeff Cardot	Laurie Manzardo	

MEET WEATHER FORECAST

Date	Event		Weather		
			Temp	Precip	
Jun 30 2007 8 AM (CT)	AWAY MEET (Naperville)		63°F	10%	
Jul 7 2007 8 AM (CT)	AWAY MEET NEXT SAT. (Naperville)		High 85°F	Low 66°F	10%