



ORCA Newsletter

<http://www.racquetcluborcas.com>

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*"Being your best is not so much about overcoming the barriers other people place in front of you as it is about overcoming the barriers we place in front of ourselves. It has nothing to do with how many times you win or lose. It has no relation to where you finish in a race or whether you break world records. But it does have everything to do with having the vision to dream, the courage to recover from adversity and the determination never to be shifted from your goals." **Kieren Perkins***



COACHES CORNER

I can't believe that Classic is next week! The summer swim season has gone by so fast. Swimmers please keep up the good work at practice- there is only one or two weeks left. These next two weeks are exciting times for the swimmers swimming in the Championship meets. The meets allow the swimmers to show off how hard they have worked this summer. Swimmers usually drop a lot of time at these meets and place really well (especially at Classic).

Here are some important dates for Classic swimmers.

July 18th- Classic practice at Neuqua Valley High School from 6:45- 7:45 pm

July 19th- Classic pasta party

July 21st- Classic meet- please be there by 6:45 am, warm-ups are at 7 am

I would like to thank all of the parents for all of their support of the coaches and the swim team this year. This year has been so much easier on the coaches because we no longer have to worry about the bullpen or setting up everything for the meets. It means a lot that we have such great parent support and dedication to the team. Without all of you the swim team would not be the same. Thanks so much for all you do! Erin

SWIMMERS OF THE WEEK

This week's swimmers of the week are John Manzardo & Lizzie Deely. Keep up the good work swimmers!

RAIN DATE FOR ASHBURY MEET

RAINDATE for the July 10th meet (at Ashbury) is Tuesday, July 17th. Warmups will begin at 4:45 PM. Notify Coach Erin if you will be participating in this meet. If you are unable to work the job you were assigned for our meet against Ashbury, please find a substitute to replace you. Workers that were originally schedule to work this meet, please let the Meet Director, Pam Deely, or Liz Bertram know if you have switched your job with someone else.



MANY THANKS!!!

Thank you to Diane Mankowski for organizing the Girls Invitational Meet. It was a huge success!!!

Thanks to all the Girls Invite workers.

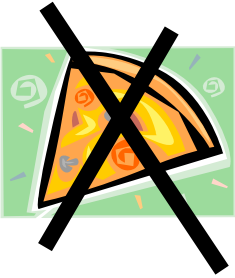
Thanks to Pam Deely for volunteering to host the City Pasta Party.

CALLING ALL PARENTS FOR A RELAY

PARENTS bring your suits and get ready to swim. We are having parent and coaches' relay at our last Saturday home meet (this Saturday, July 14th). Be ready to swim against each other and our coaches.

PIZZA AND MOVIE NIGHT CANCELED

Due to all the rain date make-ups (we have 4 meets in 6 days), followed by a busy week with the Classic Pasta Party on Thursday and the Classic Swim Meet next Saturday, the committee has decided to cancel this event. The monies from this event will be refunded to the participants. Thank you for your understanding.



CLASSIC PASTA PARTY HOST HOUSE NEEDED

A host house is needed for the Classic Pasta party. This will take place on Thursday, July 19th. The hosting family provides their home (actually their back yard) and then they make a sign up sheet requesting people to bring pasta, salad, bread, and desserts. Everyone can bring their own drinks. Tea and lemonade are provided. Coaches play games with the swimmers after dinner and do cheers revving up the spirits for the Classic meet. Please contact Liz Bertram for further details or to volunteer at bertmom@ameritech.net.

UPCOMING EVENTS

Neuqua Valley Swim Meet, Saturday, July 14th at Racquet Club.

Hobson West (make-up) Meet, Monday, July 13th at Racquet Club.

Ashbury (make-up) Meet, Tuesday, July 17th, at Ashbury.

Classic Pasta Party, July 19th.

City Pasta Party, July 26th.

G O R O C R A S

SWIM MEET WORKER SCHEDULE

	AWAY ASHBURY Tues. 7/17	HOME NEQ. VLY Sat. 7/14	HOME HOBSON WEST Mon. 7/16
Meet Director	Pam Deely	Pam Deely	Pam Deely
Stroke Judge	Eileen Barry	Kerry McClendon	Kerry McClendon
Turn Judge	Brad Hipp	Brad Hipp	Dennis Burke
Timer lane 1	Trish Fallon	Trish Fallon	Phil Aderton
Timer lane 1	Lapsey		
Timer lane 2	Cindy Johnson	Phil Aderton	Kevin McKee
Timer lane 2		Lapsey	Lapsey
Timer lane 3	Ed Holzhauer	Mark Monroe	Kris Monroe
Timer lane 3	K. Holzhauer		
Timer lane 4	Janice Martin	Ed Holzhauer	Cindy Johnson
Timer lane 4		Kirsten Holzhauer	Stephanie Hild
Timer lane 5	Mark Goralski	Gwen Burke	Keith Kohls
Timer lane 5	K. McClendon		
Timer lane 6	Scott Carmody	Jennifer Miller	Jennifer Miller
Timer lane 6		Kris Monroe	Laura Kohls
Back up Timer	Gwen Burke	Karen Blecke	Karen Blecke
Runner	Jill Wittwer	Janice Martin	Quevillon
Computer- Event Sheet	Lynda Remec	Andrea Stein	Andrea Stein
Computer - Input	David Arrich	Greg Remec	Lynda Remec
Ribbons	Linda Arrich	Stephanie Hild	Cindy Joshupait
Ribbons	Roberta Sieber		Kate Hipp
Park District Rep	Craig Mankowski	Craig Mankowski	Hipp/Holzauer
Team Area	Karen Blecke	Shannon Martin	Jack Larson
Team Area	L. Manzardo	Steve Martin	Andy Atwood
Meet Set/Take		Mark Goralski Vital Metlushko Jim Miller John Sieber Mimi Helms	Laurie Manzardo Steve Spinner Mimi Helms Vital Metlushko
Concessions		Olga Metlushko Heidi Spinner Tracey Valle	Troy Atwood Heather Larson J. Ainsworth Olga Metlushko
Ref/Announcer Starter		Liz Bertram Matt Broad	Liz Bertram Matt Broad

MEET WEATHER FORECAST

Date	Event		Weather		
			Temp	Precip	
Jul 14 2007 8 AM (CT)	Sat. Home Meet (Naperville)		66°F	20%	
			High	Low	Precip
Jul 16 2007 5 PM (CT)	Mon. Home Meet (Naperville)		83°F	62°F	10%
			High	Low	Precip
Jul 17 2007 5 PM (CT)	Tuesday Away Meet (Naperville)		90°F	69°F	10%
			High	Low	Precip



Orca Award Ceremony and Ice Cream Social Sunday, July 29 2-4 p.m.

Naperville VFW
908 W. Jackson
(Just west of Centennial Beach)

\$5 per person

Our year-end celebration is approaching fast. Don't miss the fun as we honor each swimmer and our fabulous coaches as well as watch the famous Orca season video. You'll also have the chance to win a homemade dessert during the Coaches cakewalk. Please return the bottom portion of this letter by Saturday, July 21.

Please place your form and money in the team box at the pool or drop off at the inside the Tennis Club at the front desk.

ORCA Award Ceremony and Ice Cream Social

NAME: _____

Number Attending: _____